Gelato IN A CUP OR CONE

		100	•
	£4		
DOUBLE	£6	i.00 🗖	
TOPPING£	0.75 SAUCE £0	.50	
TAKE AWAY	12oz £7	.50	
TAKE AWAY	160z£9	.50	

Yoghurt

LARGE £9.50 + 5 Toppings

Frozen Yoghurt TOPPING'S BI FNDFD IN

SMALL.....**£6.75**+ 3 Toppings MEDIUM....**£8.50**+ 4 Toppings LARGE £ 10.50..... + 5 Toppings

YOGURT - TAKE AWAY

0.5 Liter + 4 Toppings...... £15.00

Milkshakes

Över 18 flavours of Ice Cream Base: Milk / Oat Milk / Soya Milk

Hot Drinks

ESPRESSO Sin	gle	£2.00	Double.	•••••	. £2.50
	S 80Z	M 12oz		S 80Z	M 12oz
CAPPUCCINO	£3.25 /	£3.95	LATTE	£3.25	£3.95
MOCHACCINO	£3.95 /	£4.70	SAHLA	£4.00	/£ 5.00
FLAVORED LAT	TE £3.5	i0 / £4.3	O TEA	£2.00	£2.50
ADD	WHIPPE	D CREAM	FOR £().75	

Cold Beverages

SPARKLING WATER £2.50

SOFT DRINKS Coke / Coke Zero / Diet Coke / Sprite / Fanta **£2.50**

Bowls

SUPERNUTS BOWL

Banana, Dates, Tahini, Peanut Butter, Almond Butter & Coconut Milk.

CLASSIC BOWL Mango, Banana, Dates & Yoghurt.

RIO ACAI BOWL £8.95 Acai, Apple Juice, Banana & Mango.

Belgian Waffles

SINGLE 1 Waffle, Up to 4 Toppings,

DOUBLE 2 Waffles, Up to 6 Toppings, Whipped Cream & 2 Scoops of Ice cream £16.95

CREPE Up to 4 Toppings......£6.95 ADD AN EXTRA TOPPING £1.45 EACH





M 12oz L 16oz £5.50 £6.50

TROPICAL GLITZ

Mango, Pineapple, Passion Fruit Sorbet & Yoghurt.

BERRY BLISS Strawberry, Banana, Dates & Yoghurt.

NUTTY FUSION Dates, Tehini, Pecan Nuts, Date Honey, Yoghurt & Tapioca Pearls.

BERRYLICIOUS GLOW Dates, Tahini, Almond Butter, Coconut, Strawberry, Pineapple, Berry Sorbet & Yoghurt.

NON-DAIRY

SHUK BOBA Walnuts, Coconut Milk & Tapioca Pearls.

CARAMEL COFFEE CRUNCH Coffee. Dates. Almond Butter. Walnuts, Pecan Nuts, Salted Caramel & Coconut Milk.

BFRRY BRFF7F Strawberry, Berry Sorbet, Cranberries & Coconut Milk.

7FSTY RI AST Pineapple, Lemon Juice & Passion Fruit Sorbet.

Delicious Drinks

M 12oz L 16oz £5.50 £6.50

GLOREO'S Iced Vanilla, Milk, Oreos & Tapioca Pearls.

CHOCO-NUT CARAMEL Hazelnut Chocolate Spread, Vanilla, Banana, Milk & Salted Caramel.

CARAMEL NUT BLEND Peanut Butter, Banana, Hazelnuts, Cinnamon, Milk & Salted Caramel.

Iced Drinks

ICE VANILLA..... 1207 **£3.50**

ICE COFFEE 1207 £3.50

ICE COCONUT..... 1207 £3.50



CO ICE CREAM & MORE







Vegan Friendly Gluten Free Friendly



WWW.GLIDA.CO.UK

OPENING HOURS:

Sunday - Thursday 10am-10pm Friday : December - January closed February-November 10am-4pm Saturday (Winter) - Half an hour after Shabbos until 11pm

23 Bury New Road, Prestwich, M25 9JZ

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Delivery with Uber Eats



